

Contents



BREAKFAST AND BRUNCH

- 10 Apple, sultana and cinnamon porridge
- 12 St Patrick's Day smoothie
- 13 Apple crumble smoothie
- 14 Cheddar and Stilton soufflé omelette
- 16 Full English breakfast popover
- 17 Scrambled eggs
- 18 Potato farls
- 20 Potted eggs with salmon and asparagus
- 22 Kedgeree
- 24 Blackberry jam
- 25 Strawberry and raspberry jam



SOUPS AND LUNCHES

- 28 Mulligatawny soup
- 30 Pea and mint soup
- 31 Irish potato soup
- 32 Curried parsnip and apple soup
- 34 Arbroath Smokie soup
- 36 Cauliflower cheese soup
- 38 Welsh rarebit with Branston pickle
- 40 Stilton and walnut pâté
- 42 Horseradish and chickpea dip
- 44 Sausage rolls
- 46 Cornish pasty
- 49 Raised game pie



MAIN COURSES

- 54 Chicken and leek pie
- 56 Coronation chicken
- 58 Chicken and vegetable soup
- 60 Beef in stout
- 62 Steak and kidney pudding
- 65 Scotch broth
- 66 Shepherd's pie
- 68 Rolled shoulder of lamb
- 70 Pulled pork and cider rolls
- 72 Toad in the hole
- 73 Savoury bread and butter pudding
- 74 Haggis and pancetta roulade with whisky sauce
- 76 Salmon fishcakes
- 78 Best beer battered fish
- 80 Luxury fish pie with Parmesan and garlic sweet potato mash
- 83 Veggie Wellington
- 86 Leek and Lancashire cheese quiche



SIDES

- 90 Minted mushy peas with crème fraîche
- 92 Jersey Royal potato salad
- 94 Red cabbage
- 96 Carrot and swede mash
- 98 Colcannon
- 100 Yorkshire pudding



CONDIMENTS AND SAUCES

- 104 Beetroot and mint jelly
- 106 Apple sauce
- 107 Red onion gravy
- 108 Tartare sauce
- 110 Bread sauce
- 112 Piccalilli



TEA TIME TREATS

- 116 Victoria sponge
- 118 Coffee and walnut cake
- 120 Dundee cake
- 122 Cornish fairings
- 124 Lavender shortbread
- 126 Lemon curd
- 128 Eccles cakes
- 130 Bakewell tart
- 132 Apple parkin
- 134 Bara brith
- 136 Millionaire's shortbread with a twist
- 138 Scottish tablet



DESSERTS

- 142 Brown bread ice cream with raspberries
- 144 Clotted cream and strawberry ice cream
- 146 Eton mess parfait with a fresh berry sauce
- 148 Lemon posset
- 149 Stewed rhubarb with orange
- 150 Bramley apple shortcake
- 152 Pear and blueberry crumble
- 154 Sticky toffee puddings
- 156 Rice pudding
- 158 Spotted dick pudding
- 160 Chocolate bread and butter pudding



BREADS AND SAVOURY BAKING

- 164 English muffins
- 166 Crumpets
- 168 White finger rolls
- 170 Cottage loaf
- 172 Irish soda bread
- 173 Walnut scones
- 174 Oatcakes



DRINKS

- 178 Orange squash
- 180 Blackcurrant cordial
- 182 Elderflower cordial
- 184 Strawberry lemonade
- 186 Hot apple tea
- 187 Horlicks hot chocolate

